

Summer Gear List for New Zealand

This clothing and equipment list are compiled with Winter in mind. Layering is the key to this system. Make sure your system works by trying it out as best you can beforehand. Items with * are trip dependent.

Clothing

Boots

Mountaineering; Insulated B2 Rigid sole boots like La Sportiva Nepal Extremes or similar, double boots are best if camping eg La Sportiva G3

Approach / Hut Comfortable hut shoes can be considered and or Approach or Walk out shoes if we plan to either walk in or out.

2-3 Pairs of socks and/ or liner socks if that makes your boots fit and your feet protest less.

Soft shell pants Mountain Pants or similar, something lighter than storm pants if in spring or doing lots of vertical.

Thermals/ long johns – You will typically be wearing these each day.

Storm Pants – Gore Tex or E-Vent style with full-length zips.

Long sleeve tops: At least 1 of the following.

Merino or Fleece or Polypro (eg 1 x 100 weight, 1 x 200 weight). Preferably with a high zip collar.

Fleece Jacket or Windstopper style soft shell

Parka/ Storm Jacket – Gore Tex or E-Vent style jacket ideally not a heavy ski jacket.

Down /Synthetic Jacket –, PrimaLoft, or Goose down jacket, ideally with a hood, mainly for as a belay jacket while climbing or at night huts at night.

Climbing Gloves – 1 X Fingered polypropylene and 1 X climbing or ski gloves. can be lightweight polypro and dachstein woollen mitts.

Wool/ Fleece/ Windstopper hat Sun Hat – Baseball or Legionnaires if in spring / Summer. You still need to bring a beanie as its cold early mornings

Neck Gaiter – Buff or similar

***Gaiters** – Ice climbing not ski / snowboarding

Technical Gear

Head Torch

Rechargeable or with spare batteries – recharging may not be available in huts

Crampons

Ice climbing - pair with vertical front points

Ski / Walking Poles collapsible are better x 1 only

Ice Axe – Ice Climbing needs to be for steep ice, light is better ski touring

Ice Hammer – for steep winter or ice climbing only

Helmet – ski type for ski touring otherwise discuss with guide

Expedition Pack minimum 55-65 litres (that allows to carry skis or board if touring)

Harness and belay device – An Alpine style harness is light and easy to get in and out of with crampons on. Ideally a belay device that works with thinner half ropes

Prusiks – 6mm nylon cord (must be rated rope) 2 medium length (navel to chin when tied) and one long (toe to navel when tied)

Ice Screw – min.17cm ski touring otherwise 22cm.

Locking carabiners – x 5 (Two large pear shaped and 3 small D shaped)

Snaplock carabiners – x 4

Sewn slings – one 90cm X 18mm or 120mm X 12mm

Personal Camping Gear

Sleeping Bag – Rated 3-4 seasons tenting or winter – 2 season for summer hut use.

***Sleeping Pads** – Thermarest/ ExPed/ Ensolite. Bring your repair kits too. A cheap closed cell foam pad can give you extra comfort.

***Tent** – Please let me know if you have a suitable tent that you want to test out, otherwise leave it at home.

Miscellaneous Personal Gear

Water Bottles – 1 x 1litre Nalgene style bottles. Buy or make an insulating pouch to allow you to keep hot water hot and stop liquids from freezing. Camelbak or Platypus hoses freeze.

***Cup, Bowl, Spoon and knife** – Camp life will be just fine without a fork. We will mostly eat foods that are chopped finely, easy to chew and digest.

Watch – Preferably with alarm and Altimeter

Ear Plugs – optional

Camera, memory cards and batteries.

Headlamp / (Sunglasses and Snow Goggles) – BOTH please!

Stuff Sacs/ dry bags/ plastic bags – make sure they are sturdy if they are plastic.

Zip lock bags – For your notebook, camera, maps, phone. Note pad and Pencil (Or iPhone) – For jotting down your memoirs. The best ideas are hatched in the hills.

Hand Sanitizer and personal toiletries think very minimal

Pee bottle – optional

Personal Medications

Blister Kit (compulsory) – Tape AND Moleskin or Second skin or Compede) I will be carrying a group first aid kit.

Sun Cream – No tanning cream. Preferably 50+ SPF

Lip Balm –Also with SPF 30 minimum, preferably 50+ SPF

Chemical Hand warmers – optional

Simple Pain relief – Aspirin, Tylenol, Panadol